

# Course Timetable



## Autumn Term 08 (V1)

GYMNASTICS FACTORY

Day	"Gym Bugs" - for Pre School			Gym Zone -for School age & Adults	
Monday	Grasshoppers	3yrs - 4yrs	09:30 - 10:15	5 - 7yrs Girls	16:00 - 17:00
	Beetles	1yrs - 2yrs	10:30 - 11:15	5 - 7yrs Boys	16:30 - 17:30
	Dragonflies	2yrs - 3yrs	11:30 - 12:15	7 - 9yrs Girls	17:00 - 18:00
	Busy Bees	3½- 4yrs	12:30 - 13:15	7-9-11yrs Boys	17:30 - 18:30
	(By invitation only)			9 - 11yrs Girls	18:00 - 19:00
	Grasshoppers	3yrs - 4yrs	13:30 - 14:15	11 - 13yrs Mixed	18:30 - 19:30
	Dragonflies	2yrs - 3yrs	14:30 - 15:15	Teen Gym 13+ (2 hours)	19:00 - 21:00
	Leapfrogs	4yrs - 5yrs	15:45 - 16:30		
	(Reception year)				
Tuesday	Beetles	1yrs - 2yrs	09:30 - 10:15	5 - 7yrs Girls	16:00 - 17:00
	Dragonflies	2yrs - 3yrs	10:30 - 11:15	5 - 7yrs Boys	16:30 - 17:30
	Dragonhoppers	2yrs - 4yrs	11:30 - 12:15	7 - 9yrs Girls	17:00 - 18:00
	Busy Bees	3½yrs - 4yrs	12:30 - 13:15	7 - 9yrs Boys	17:30 - 18:30
	(By invitation only)			9 - 11yrs Girls	18:00 - 19:00
	Grasshoppers	3yrs - 4yrs	13:30 - 14:15	11 - 13yrs Mixed	18:30 - 19:30
	Grasshoppers	3yrs - 4yrs	14:30 - 15:15		
	Leapfrogs	4yrs - 5yrs	15:45 - 16:30		
	(Reception year)				
Wednesday	Caterpillars	4mths - 1yrs	09:30 - 10:15	5 - 7yrs Girls	16:00 - 17:00
	Beetles	1yrs - 2yrs	10:30 - 11:15	5 - 7yrs Boys	16:30 - 17:30
	Dragonhoppers	2yrs - 4yrs	11:30 - 12:15	7 - 9yrs Girls	17:00 - 18:00
	Busy Bees	3½yrs - 4yrs	12:30 - 13:15	7 - 9yrs Boys	17:30 - 18:30
	(By invitation only)			9 - 11yrs Girls	18:00 - 19:00
	Grasshoppers	3yrs - 4yrs	13:30 - 14:15	11 - 13yrs Mixed	18:30 - 19:30
	Busy Bees	3½yrs - 4yrs	14:30 - 15:15	Adults- all abilities welcome	19:00 - 20:30
	Leapfrogs	4yrs - 5yrs	15:45 - 16:30		
	(Reception year)				
Thursday	Beetles	1yrs - 2yrs	09:30 - 10:15	5 - 7yrs Girls	16:00 - 17:00
	Dragonflies	2yrs - 3yrs	10:30 - 11:15	5 - 7yrs Boys	16:30 - 17:30
	Dragonhoppers	2yrs - 4yrs	11:30 - 12:15	7 - 9yrs Girls	17:00 - 18:00
	Busy Bees	3½yrs - 4yrs	12:30 - 13:15	7 - 9yrs Boys	17:30 - 18:30
	(By invitation only)			9 - 11yrs Girls	18:00 - 19:00
	Busy Bees	3½yrs - 4yrs	13:30 - 14:15	9 - 11yrs Boys	18:30 - 19:30
	(By invitation only)			11+ Mixed	19:00 - 20:00
	Grasshoppers	3yrs - 4yrs	14:30 - 15:15		
	Leapfrogs	4yrs - 5yrs	15:45 - 16:30		
	(Reception year)				
Friday	Grasshoppers	3yrs - 4yrs	09:30 - 10:15	5-7-9yrs Boys	16:00 - 17:00
	Beetles	1yrs - 2yrs	10:30 - 11:15	5 - 7yrs Girls	16:30 - 17:30
	Dragonflies	2yrs - 3yrs	11:30 - 12:15	7 - 9yrs Girls	17:00 - 18:00
	Busy Bees	3½yrs - 4yrs	12:30 - 13:15	9 - 11yrs Girls	17:30 - 18:30
	(By invitation only)				
	Grasshoppers	3yrs - 4yrs	13:30 - 14:15		
	Busy Bees	3½yrs - 4yrs	14:30 - 15:15		
	Leapfrogs	4yrs - 5yrs	15:45 - 16:30		
	(Reception year)				
Saturday	Leapfrogs	4yrs - 5yrs	08:45 - 09:30	5 - 7yrs Girls	09:00 - 10:00
	(Reception year)			5 - 7yrs Boys	09:30 - 10:30
				5 - 7yrs Girls	10:00 - 11:00
				7 - 9yrs Girls	10:30 - 11:30
				7 - 9yrs Girls	11:00 - 12:00
				7-9-11yrs Boys	11:30 - 12:30
				9 - 11yrs Girls	12:00 - 13:00
				11 - 13yrs Mixed	12:30 - 13:30

