

February Half Term Holiday Courses 2026

MEMBERS & NEWCOMERS WELCOME

TIMETABLE

MONDAY 16TH FEBRUARY	TUESDAY 17TH FEBRUARY	WEDNESDAY 18TH FEBRUARY	THURSDAY 19TH FEBRUARY	FRIDAY 20TH FEBRUARY
9:30-11:00 2-day Masterclass *Invite only* Members on levels Bronze, Silver, Gold	9:30-11:00 2-day Masterclass *Invite only* Members on levels Bronze, Silver, Gold	9:30-11:00 Freestyle Workshop 7yrs - 11yrs	9:30-11:00 Cartwheel Skills Workshop 5yrs (yr 1+) - 11yrs	9:30-10:15 Pre-school Parent & Child Mixed 1-3yrs
11:15-12:15 1 to 1 slots	11:15-12:15 1 to 1 slots	11:30-13:00 GymTastics Class 5yrs (Yr 1+) -11yrs	11:15-12:15 1 to 1 slots	10:30-11:15 Pre-school Parent & Child Mixed 2-4yrs
12:30-13:30 1 to 1 slots	12:30-13:30 1 to 1 slots			

CLASS DESCRIPTIONS

PLEASE NOTE:
IF BOOKING CONSECUTIVE
CLASSES, YOUR CHILD MUST
BE COLLECTED AND
SUPERVISED BY AN ADULT IN
THE GAP BETWEEN THE
COURSES.

GYM-TASTICS CLASS

5YRS (MUST BE YR 1+) -11YRS

£23 per class

An energetic 1hr30min class adding a party-style feel to gym class. We set up circuits around the gym, working on a mix of apparatus, plus games & obstacle courses.

SKILLS WORKSHOPS

5YRS (MUST BE YR 1+) -11YRS

£23 per class

CARTWHEELS

1hr30min workshop designed by Team GF to focus on one particular key skill to help budding gymnasts improve, perfect and build upon the gymnastic core skills.

FREESTYLE COURSE

7YRS
- 11YRS

£23 per class

Explore Freestyle gymnastics! This class is gym with a twist, combining elements of gymnastics with parkour and freestyle ideas. 1hr 30 class to learn techniques

PRE-SCHOOL FUN

£13 per session

A 45 minute session packed full of fun and exploration for your little ones. Opportunities for climbing, rolling, jumping, turning, swinging and much more! Rounded off with bubbles and parachute fun!



1 TO 1 SESSIONS

£65 per session

These sessions are extremely popular! They offer a tailor-made session with one of our coaches to work on the skills of your choosing! These sessions are always in demand, book quickly to avoid disappointment!

ALL BOOKINGS ONLINE AT WWW.GYMNASTICSFACTORY.CO.UK