



EASTER 2026 - Holiday Courses - Timetable

MEMBERS & NEWCOMERS WELCOME

WEEK 1

MONDAY 30TH MARCH	TUESDAY 31ST MARCH	WEDNESDAY 1ST APRIL	THURSDAY 2ND APRIL	FRIDAY 3RD APRIL
	9:30-11:00 Cartwheels Skills Workshop School yr 1+	9:30-11:00 Handstands Skills Workshop School yr 1+		 No Courses
11:15-12:15 1-to-1 slots	11:30-13:00 GymTastics School yr 1+	11:15-12:15 1-to-1 slots	11:15-12:15 1-to-1 slots	
12:30-13:30 1-to-1 slots		12:30-13:30 1-to-1 slots	12:30-13:30 1-to-1 slots	

WEEK 2

MONDAY 6TH APRIL	TUESDAY 7TH APRIL	WEDNESDAY 8TH APRIL	THURSDAY 9TH APRIL	FRIDAY 10TH APRIL
 No Courses	9:30-11:00 Freestyle Workshop 7yrs+	9:30-11:00 2x Day Master Class (Members by invite) (Day 1)	9:30-11:00 2x Day Master Class (Members by invite) (Day 2)	9:30-10:30 1-to-1 slots
	11:15-12:15 1-to-1 slots	11:15-12:15 1-to-1 slots	11:15-12:15 1-to-1 slots	10:45-11:45 1-to-1 slots
	12:30-13:30 1-to-1 slots	12:30-13:30 1-to-1 slots	12:30-13:30 1-to-1 slots	

COURSE DESCRIPTIONS

FREESTYLE WORKSHOP

7-11YRS

£23 per class

1HR 30MIN

This is gymnastics with a twist! If you're up for a challenge then try out this workshop. We combine core gymnastics skills with elements of popular parkour.



GYM-TASTICS CLASS

SCHOOL YR 1+

£23 per class

1HR 30MIN

A fun-filled energetic class adding a party-style feel to gym. Ideal for members and newcomers. Working on a mix of gym skills on all apparatus, plus games and obstacle course.



SKILLS WORKSHOPS

SCHOOL YR 1+

£23 per class

1HR 30MIN

- CARTWHEELS
- HANDSTANDS

A workshop designed by the coaches to focus on one particular key skill to help budding gymnasts improve, perfect and build upon the core skills.



1 TO 1 SESSIONS - 1 HOUR

Want to perfect a skill or try something new? The coach will design a session to suit you!

6YRS +

£65 per session

BOOK ONLINE AT

WWW.GYMNASTICSFACTORY.CO.UK